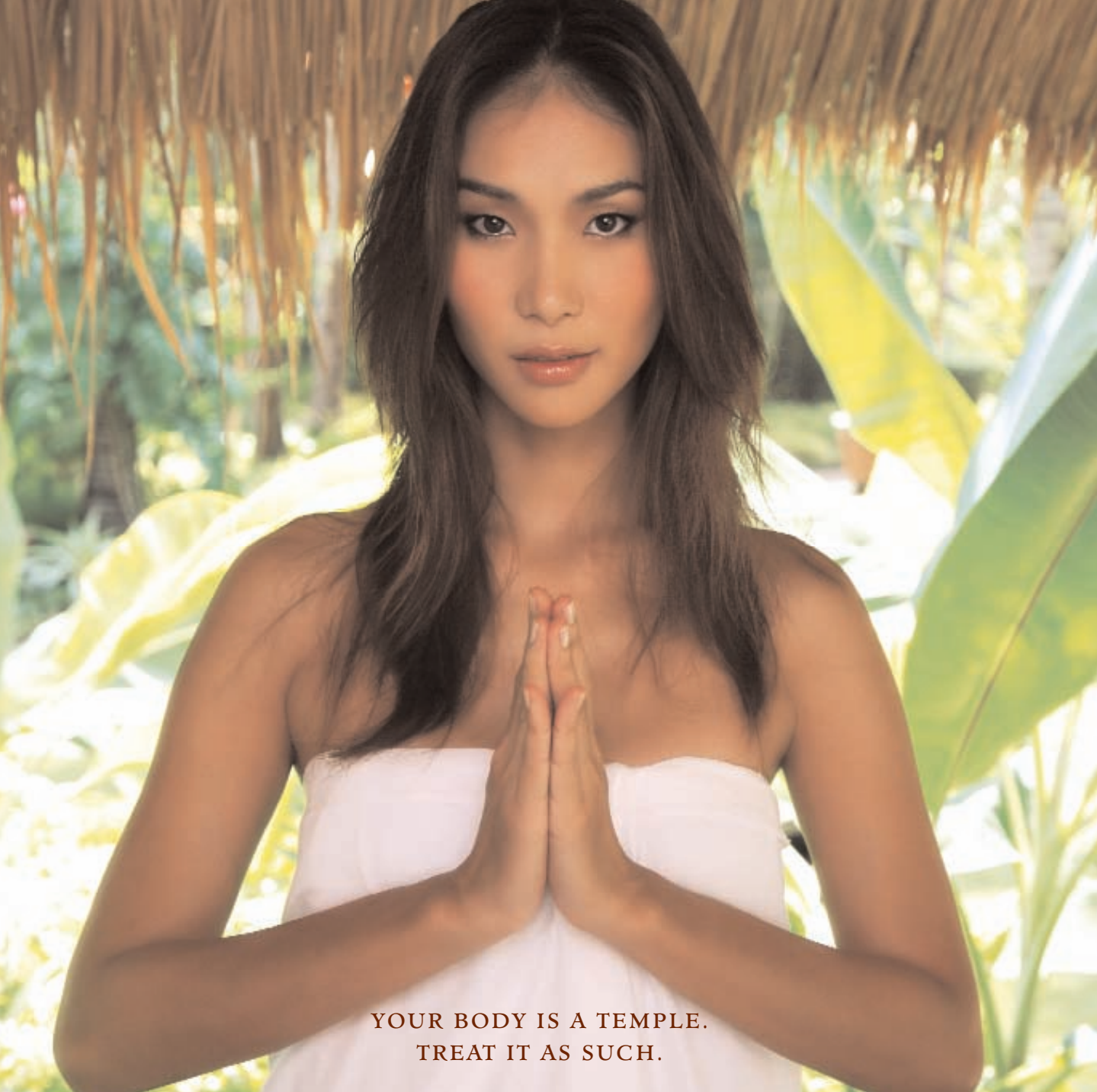


MANDARA
— SPA. —

**Loews Portofino Bay Hotel
at Universal Orlando**



YOUR BODY IS A TEMPLE.
TREAT IT AS SUCH.

It's true. A single moment spent in joy colors all the moments that follow. At Mandara Spa at Loews Portofino Bay Hotel at Universal Orlando, while our therapists and aestheticians bestow their expert touch upon your physical body, its effect resonates to the core of your being. Much can happen in a Mandara moment. *What are you waiting for?*

Our Story

Mandara had its beginnings on the spiritual Island of Bali, where bougainvilleas border the narrow streets and the pace of life meanders like a gentle flowing river. It was here that we discovered the reverence for the healing arts, especially massage and aromatherapy, which are so deeply entwined within the culture that they have become part of the Balinese way of life.

Mandara has traveled far from its roots while still maintaining a strong connection. Today we offer Balinese-inspired services in luxury resorts that stretch from the South Pacific Islands to the Far East and across the Americas to the Caribbean.

The name Mandara is Sanskrit and comes from an ancient legend about the gods' quest to find the secret to eternal youth and beauty. **In a Mandara moment, you may just discover it yourself.**

Transcend. Transform. Trust the Moment.





Our Favorites

Come and celebrate your beauty with indulgent surrender. The following treatments are bound to rebalance mind and body, and revitalize your sense of self. You will emerge anew.

Elemis Tri-Enzyme Resurfacing Facial

Elemis delivers a groundbreaking facial with clinical results after just one treatment. The precision layering of three targeted enzymes stimulates and accelerates the skin's biological exfoliation process by up to 75%. Your skin is left incredibly clean, smooth and radiant bringing a renewed level of evenness and clarity to the complexion.

La Thérapie HydraLift Facial with Microdermabrasion

Using the latest computerized technology and fine granules we gently exfoliate the skin's surface to reveal the healthy, undamaged skin underneath; then we nourish and deep cleanse the skin using special formulas to withdraw deeply embedded impurities. Microdermabrasion non-invasively helps soften fine lines, reduce skin discoloration, tighten the pores and reduce the appearance of age spots and scarring. When combined with La Thérapie HydraLift, it is as indulgent as it is effective.

Ionithermie Cellulite Reduction Treatment

This leading European body contouring solution helps detoxify your body, reduce fluid retention and tone your muscles. After a single treatment you will lose up to 8 inches from the areas treated. Ionithermie uses galvanic and faradic stimuli which also helps improve circulation, enhance metabolism and reduce muscle pain. We recommend that you book a course of three for maximum results.

Elemis Aroma Stone Therapy


In Bali it is believed that "batu" stones are filled with vitality and energy of the water that flows over them in an eternal stream. Harnessing the properties of the volcanic basalt stones, we bathe them in warm water and anoint them with spicy, sensual aromas of the Orient. Small stones are placed on key energy points on the body, evoking an aura of warmth, while the deep penetrating heat from the stones is used to massage the body using traditional techniques to soothe away stress and to relieve muscle aches.

Elemis Aroma Spa Ocean Wrap with Massage

Detoxify and rejuvenate your mind and body. Using a fucus puree of seaweed, sage and essential oils, we wrap your body so that it expels unwanted toxins naturally. Then we follow with a body massage focusing on the main areas of tension. Often you will experience instant relief from muscle aches and pains. Choose from Cellutox for firming or Musclease to help relieve sore joints and pain.

Ceremony of the Hands and Feet

What could be more sumptuous than having both your hands and feet treated with heavenly indulgence? In this service you will enjoy both the Ultimate Spa Manicure and Ultimate Spa Pedicure. Both hands and feet will enjoy an invigorating cleansing, exfoliation and massage, followed by a traditional manicure, pedicure and polish!





Face

Our facials combine ancient wisdom with modern technology. We use the finest medicinal grade plants and herbs, using the most gentle extraction methods so that your skin absorbs all the goodness.

Elemis Pro-Collagen Quartz Lift Facial

A revolutionary advanced anti-aging treatment, clinically proven to reduce the number of wrinkles by up to 94% and improve, re-energize and promote healthy cellular activity and revitalize tired and stressed skin cells. This treatment includes a luxurious hand, arm and scalp massage.

Elemis Tri-Enzyme Resurfacing Facial

This new breakthrough anti-aging facial treatment is clinically trialed to bring unprecedented resurfacing results. Targeting fine lines and wrinkles, acne and superficial scarring and uneven skin tone, the Tri-Enzyme Resurfacing Facial safely and effectively removes the thickening layer of the epidermis. Skin is left incredibly clean, smooth and radiant bringing a renewed level of evenness and clarity to the complexion. Clinically trialed to prove that in one treatment you will experience up to 74% resurfacing and up to 32% increased skin smoothness*.

Elemis Visible Brilliance Facial

Independently tested with revolutionary results, this anti-aging face and eye treatment instantly firms, rejuvenates and plumps up the skin while reducing dark circles from around the eye contour. Moisture levels of the skin are proven to increase by up to 38% and elasticity by 28% after just 1 treatment. This treatment includes a luxurious hand, arm and scalp massage.

Elemis Skin IQ Facial

Helping to calm irritation and minimize the signs of aging, this facial is the ultimate overhaul for male skin. Incorporating the NEW Time Defence Wrinkle Delay and Time Defence Eye Reviver, this anti-aging treatment protects against the harsh effects of shaving and environmental damage.

Urban Cleanse for Men Facial

The deep complexion cleanse and complete skin detox. This super-grooming, deep cleansing facial decongests the skin, working overtime to help eliminate blocked pores, rapidly accelerate skin repair and neutralize impurities. Fast-acting ingredients reduce sensitivity and provide long-lasting defense against the damaging effects of daily pollutants, leaving the skin visibly clear and squeaky clean.

La Thérapie HydraLift Facial

This youth-enhancing facial produces results that are fast and dramatic. With the use of galvanic stimuli the appearance of fine lines and wrinkles are reduced, skin tone and texture are restored and the complexion becomes smoother and more radiantly youthful after just one treatment. If you want to concentrate on those areas vulnerable to the first signs of aging such as your eyes, neck and lips then this highly effective skin treatment is for you.

La Therapie HydraLift Facial with Microdermabrasion

Using the latest computerized technology and fine granules we gently exfoliate the skin's surface to reveal the healthy, undamaged skin underneath, then we nourish and deep cleanse the skin using special formulas to withdraw deeply embedded impurities. Microdermabrasion non-invasively helps soften fine lines, reduce skin discoloration, tighten the pores and reduce the appearance of age spots and scarring. When combined with La Therapie HydraLift, it is as indulgent as it is effective.

La Thérapie HydraPeel Facial

Safe for all skins, unbuffered Glycolic preparations offer immediate, visible results for aging, sun damaged, acne-prone and hyper-pigmented skin. Following a thorough skin analysis and consultation you will be prescribed a treatment regimen appropriate for your specific needs. Results are immediate after one treatment; lines, wrinkles and scarring appear finer and lighter.

La Thérapie Intensif Facial

Upgrade your HydraLift or HydraPeel to Intensif and target those areas most vulnerable to pre-matured signs of aging. This treatment includes the following: **Intensif Eye Treatment** Patented anti-oxidants target visible signs of aging to effectively diminish fine lines and wrinkles and reduce dark circles. **HydraLip Intensif** Potent anti-oxidants increase collagen production to plump out and enhance the contours of the lips. **HydraNeck Intensif** The power of Caviar extracts is used to help lift and firm delicate skin around the neck and décolleté. **HydraPeel Hand Treatment** A combination of Dermatological products effectively resurfaces the skin to reduce brown spots, dryness and signs of aging. **Vitamin Anti-Oxidant Treatment** To maximize the full potential of any La Thérapie Facial, supplement it with a powerful dose of vitamin protection. These potent Vitamin C and Vitamin A anti-oxidant serums provide superior free radical protection for the ultimate anti-aging boost. Exclusively patented formulations offer solutions for fine lines and wrinkles, scarring and blemishes.

Massage

When you enjoy a massage, you are participating in an ancient healing practice that has been used for centuries all over the world. It is our oldest form of healthcare.

Elemis Exotic Lime and Ginger Salt Glow with Massage

This exotic exfoliation ritual invigorates and brings vitality to your face and body. After light body brushing, warm oil is dripped luxuriously over your body, before our sublime Exotic Lime and Ginger Salt Glow is applied. Skin is deeply cleansed, polished and softened to perfection. For the ultimate indulgence this treatment includes a 50-minute massage.

Elemis Cellutox Aroma Spa Ocean Wrap

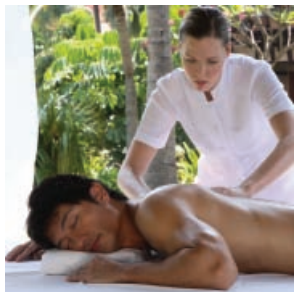
Combining the richness of sea plants and Marine Algae with Aromatherapy, this treatment is deeply detoxifying at all levels for women and men. A warm seaweed body mask containing a synergy of cleansing Juniper and Lemon Essential Oils is applied to your body before you are cocooned in a comforting foil wrap. Let your thoughts drift away and relax with a scalp massage and foot massage while letting the active ingredients work to detoxify, decongest and stimulate your body systems.

Elemis Musclease Aroma Spa Ocean Wrap

The power of Aromatherapy is combined with the riches of the ocean to give women and men a deep muscle warming treatment. A heated seaweed mask containing a warming blend of Pine and Rosemary Essential Oils is applied to your body before you are cocooned in a comforting foil wrap. Let your thoughts drift away while enjoying a soothing face and scalp massage and let the ingredients work to ease arthritis, fatigue and muscle spasm.

Elemis Deep Tissue Muscle Massage

Excessive physical activity can cause deep muscular and joint distress. This massage helps to warm and relax the muscles and improve range of motion. Enjoy before physical activity to increase flexibility and afterward to help the speedy recovery of strained muscles.



Swedish Massage

Indulge in this authentic massage style influenced by ageless traditions. Your choice of our signature aromatherapy oils is applied using palm pressure and stretching techniques to bring you waves of muscle relief and fathoms of deep relaxation.

Elemis Aroma Stone Therapy

In Bali it is believed that "batu" stones are filled with vitality and energy of the water that flows over them in an eternal stream. Harnessing the properties of the volcanic basalt stones, we bathe them in warm water and anoint them with spicy, sensual aromas of the Orient. Small stones are placed on key energy points on the body, evoking an aura of warmth, while the deep penetrating heat from the stones is used to massage the body using traditional techniques to soothe away stress and to relieve muscle aches.

Balinese Massage

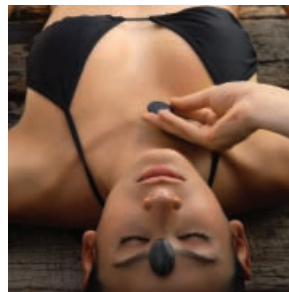
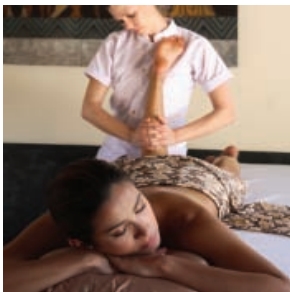
An aromatherapy, choreographed massage using a combination of acupressure, pressure point and traditional Balinese massage techniques. For those who have trouble relaxing, this is a must!

Mandara Four Hand Massage

This is Mandara Spa's signature treatment. Two therapists working on you simultaneously in synchronicity – and serene silence. The ultimate indulgence!

Reflexology Massage

This massage is based on the ancient belief that each organ in the body corresponds to a reflex point in the foot. Using gentle thumb and finger pressure-point massage, the therapist releases blockages and re-establishes the body's energy flow.



Nurturing Massage for Mother-to-Be

The nine month journey of nurturing is a special time, connecting with the mother through the power of touch, working with two heartbeats as one. Tried and tested safe pregnancy massage techniques adapted to each stage of pregnancy. Specialized positioning is used to ensure the ultimate in comfort and relaxation.

Shiatsu Massage

This traditional Japanese pressure point massage stimulates the muscles and helps breakdown toxin build-up.

Couples Massage

Indulge in a gorgeously relaxing massage in our suite reserved for couples. Both of you will enjoy a full body massage side by side.

Mandara to go

In-Suite Massage

Let us bring the spa to you. Allow the power of touch combined with the healing qualities of Aromatherapy relax your mind, body and soul in the comfort of your room. All In-Suite Massages are booked with same gender therapist.





Body Therapy

We use the healing power of plants, flowers and roots combined with expert touch to nourish your body and increase energy.

Elemis Body Sculpting Treatment

Elemis has developed a NEW clinically proven body sculpting treatment that targets cellulite, helps to reduce retention, firms and tones the body. This treatment includes an abdominal massage that will cleanse the body from the inside-out, and a relaxing scalp massage. It also contains a special fennel mask to firm and tone the hip and thigh area. Following the treatment, guest receives Body Sculpting System products for home care use.

Ionithermie Cellulite Reduction Treatment

This leading European body contouring solution helps detoxify your body, reduce fluid retention and tone your muscles. After a single treatment you will lose up to 8 inches from the areas treated. Ionithermie uses galvanic and faradic stimuli which also helps improve circulation, enhance metabolism and reduce muscle pain. We recommend that you book a course of three for maximum results.

Elemis Exotic Coconut Rub and Milk Ritual Wrap

A ceremony of pure sensuality to tantalize and delight! A traditional Balinese recipe with Coconut, Mungbean, Spices and Lavender polishes the skin, while the exotic body oil indulges your senses. Bask in the ritual as warm Milk Bath is poured over your entire body before being cocooned in a comforting foil wrap.

Exotic Frangipani Body Nourish Wrap

This wrap blends fragrant Coconut and Frangipani Flowers to produce Monoi oil traditionally used by the beautiful Polynesian women to keep their skin soft and their hair conditioned. After the powerful potion is massaged into your body, you are wrapped to let the ingredients absorb into your skin.



Mandara Rituals

A Mandara ritual is like a blessing that caresses your entire being.

Elemis Aroma Spa Detox Ritual

A body composition analysis is completed to recognize areas of concentration. Next revel in an exotic body exfoliation followed with a luxurious heated seaweed mask containing a warming blend of Pine and Rosemary Essential Oils as you are cocooned in a comforting foil wrap. Let your thoughts drift away while your therapists treats you to a soothing face, scalp and full body massage. An absolute luxuriant way to cleanse the systems.

Elemis Absolute Spa Ritual

Experience revitalization through the Elemis Visible Brilliance Facial followed by a soothing Elemis Deep Tissue Massage based on the ancient power of touch. Add a Spa Manicure and Pedicure for a complete spa ritual experience.

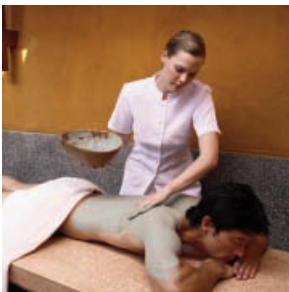
Mandara Day of Perfect Bliss

Emerge radiant from your La Thérapie HydraLift Facial. Enjoy a light lunch in our relaxation room, then bask in the pleasures of a Balinese Massage, followed by a luxurious and pampering Ultimate Spa Manicure and Pedicure. Treat yourself to a shampoo and blow dry hair styling and personalized make-up application. Leave feeling refreshed and beautiful all over.

Men's Spa Escape

Men can enjoy revitalizing spa skin and body care without the fuss, starting with an Elemis Urban Cleanse for Men Facial for skin cleansing and exfoliation followed by a Sports massage for pure relaxation and de-stress. Upgrade to the Elemis Aroma Stone Therapy with Hair and Scalp Massage for the ultimate spa experience.

All packages include a luxurious take-home spa gift.





Beauty Salon

Shining hair and groomed hands and feet are a reflection of your inner health and beauty.

Hair

The Mandara Salon offers a full complement of services facilitated by hair stylists who are expert in contemporary hair artistry... styling, cutting, coloring, curling... our hair stylists are masters in their field. Please see salon menu for a complete list of hair and nail services.

Mandara Frangipani Hair and Scalp Conditioning

We use rich Frangipani Monoi Oil, legendary for its ritual uses in Tahiti. After cleansing your hair, we massage the scalp with this precious ingredient to ease away stress and give the hair a vibrant, healthful shine. To ensure the full benefits are received, we wrap the hair in a warm towel. Add this to any hair service.

Hands and Feet

Your hands touch and hold. Your feet take you to new places. Treat them well. We have a full list of nail services which can be found in our price list, as well as the following indulgences:

Ceremony of the Hands and Feet


What could be more sumptuous than having both your hands and feet treated with heavenly indulgence? In this service you will enjoy both the Ultimate Spa Manicure and Ultimate Spa Pedicure. Both hands and feet will enjoy an invigorating cleansing, exfoliation and massage, followed by a traditional manicure, pedicure and polish!

Ultimate Spa Manicure

The nails are cleaned, filed and buffed before we exfoliate the hands with gentle lime crystals. We then apply a hot towel wrap that delights your senses with citrus-infused finishing lotion and a relaxing hand massage, completed with polish of your choice.

Ultimate Spa Pedicure

It's time to fuss over your feet. Indulge them with the Ultimate Spa Pedicure. We dip your feet in a warm ocean of foaming sea soak to invigorate circulation, then slough away dry skin with a sea scrub and nourish with a Marine Mask. Your feet will feel like they're on cloud nine!



Fitness Center

The Fitness Center at the Loews Portofino Bay Hotel at Universal Orlando is available to all guests staying within the Loews Hotel Complex at Universal. We are open from 6am to 10pm daily. Facility passes are available for 1, 3 or 5 days. Passes include women's and men's separate relaxation lounges, showers, lockers, steam room, dry sauna and co-ed whirlpool. The facility fee is waived with any salon or spa service.

Fitness facilities are available for ages 18 and up. Teenagers age 14 to 17 must be accompanied by a parent or guardian.

Special Services

The Gift of Mandara Gift Certificates are available for all services and spa packages and may be requested by calling 31244 from your room or 407-503-1244 from outside the hotel complex. Gift Certificates are packaged in an attractive gift envelope ready for presentation. At your request, we will mail Gift Certificates to the designated recipient at a nominal fee. We will also customize special packages for you.



Spa Tips

Appointments To make an appointment you may call our spa directly from The Hard Rock Hotel, Loews Royal Pacific Resort at Universal Orlando or Loews Portofino Bay Hotel at Universal Orlando by dialing 31244. If you are calling from outside the hotel complex, dial 407-503-1244 or for more information go to www.mandaraspaspa.com. We accept most major credit cards which is required to hold your reservation. We suggest making appointments in advance. However, we will always do our best to accommodate your requests.

In-Suite Treatments If you are staying at the Loews Portofino Bay Hotel at Universal Orlando, The Hard Rock Hotel or Loews Royal Pacific Resort at Universal Orlando, we can bring the spa to you with a selection of massage rituals. All In-Suite massages are same gender therapist.

Cancellation If you need to cancel or reschedule a reservation, we require 4 hours notice for individual appointments and packages. Appointments canceled in less than the required time will be billed 100% of published tariff of each service.

Check-In Please arrive 30 minutes ahead of your scheduled reservation. This allows time for a leisurely check-in, a change of clothes, and a few moments to relax and enjoy our facilities. To keep the serenity of the spa, we ask that you turn off your cellular phone upon arrival. Please present all Gift Certificates and promotional coupons at check-in.

Refunds You can exchange unopened products within 14 days of purchase if you have a receipt. We cannot exchange any opened products.

Gratuity and Service Charges An additional 20% service charge will be added. Prices and services are subject to change without notice.

Minimum Age Requirements Teenagers age 14 to 17 must be accompanied by a parent or guardian for all Spa and Salon services and for use of the Fitness facilities. Guest using the Co-Ed Whirlpool, Sauna or Steam Rooms are required to be 18 years and over. Swimsuits are required.

Spa Gift Cards Treat friends and family with a gift of the sublime. A Spa Gift Card means that you can let your friends choose the treatments they want to enjoy. When you spend \$250 or more on your gift card it is presented in a beautiful Balinese Box with a Sensory Heaven Bath Oil.

Comments We would love you to fill out our comment card and tell us about the service you received and how it compares to your other spa experiences. Please pick up a comment card from the front desk.

Keep In Touch Make the spa part of your lifestyle and visit us at www.timetospa.com. Here you may purchase your skin, body and hair care products as well as read our inspiring articles, find some delicious healthful recipes and be privy to our special offers.



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